

Cheaha Challenge

elevation in feet

2,000

1,800

1,600

1,400

1,200

1,000

800

600

#3 Rest Stop
32.88 miles, It is 10.97 miles to Rest Stop #4. Most of the tough climbing is in this section with major climbs having 9% and 10.4% average grades. The final 3 miles to Rest Stop #4 is all climbing (with a brief downhill) at an average grade of 5%

#2 Rest Stop
23.92 miles, if you turn around here you would have 47.84 miles, it is 8.96 miles to the #3 stop. This 8.9 miles contains rolling hills, as you leave, the first climb it is 5% with the last .6 mile section becoming a steep 8.84% average grade climb to Rest Stop #3

#1 Rest Stop
13.28 miles from the start
10.64 miles to the next stop of which the last mile is a 5% climb

#4 Rest Stop / 43.85 miles. Turn around here and you will have a total of 87.7 miles. It is 6.8 miles to Adam's Gap. You will have an average of 7% descent for 1.27 miles from the top. The rest of the hills to Adam's Gap are rolling hills with 5% and 7% average grade with a final one-mile climb

**Start / Finish
Piedmont**

**#5 Rest Stop
Adam's Gap turn around
50.65 miles**

starting point

